TRINITY EPISCOPAL CHURCH

472 N. Main St./PO Box 1043 Mount Airy, NC 27030-1043 336-786-6067

email: info@trinitymtairy.com



The Very Reverend Sarah Carper Morris, Rector The Reverend Bill Pendleton, Deacon Dr. Ryan Whittington, Organist/Choir Director

The Fourth Sunday after the Epiphany January 28, 2024

If you are visiting, please fill out a Visitor Card and put it in the offering plate or hand it to a greeter. Restrooms are located downstairs.

Kid's bags are in the narthex. Please return the bags and they will be refilled for next Sunday.

Please remember that many are preparing for worship with prayer before the service.

Hymn in Procession # 371 (standing as you are able)

1 Thou, whose almighty word chaos and darkness heard, and took their flight; hear us, we humbly pray, and, where the Gospel day sheds not its glorious ray, let there be light!

- 2 Thou who didst come to bring on thy redeeming wing healing and sight, health to the sick in mind, sight to the inly blind, now to all humankind, let there be light!
- 3 Spirit of truth and love, life-giving, holy Dove, speed forth thy flight! Move on the waters' face bearing the gifts of grace, and, in earth's darkest place, let there be light!
- 4 Holy and blessèd Three, glorious Trinity, wisdom, love, might; boundless as ocean's tide, rolling in fullest pride, through the world, far and wide, let there be light!

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for

People And blessed be his kingdom, now and for ever. Amen.

The Collect for Purity

BCP p. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen*.

Gloria S-278

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world; have mercy on us; you are seated at the right hand of the Father; receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect

(kneel or stand as you are able)

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

Please be seated during the reading of the Lessons and the Psalm.

The First Lesson: Deuteronomy 18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

The Word of the Lord.

People Thanks be to God.



Psalm 111

Confitebor tibi

1 Hallelujah!

I will give thanks to the LORD with my whole **heart**, *

in the assembly of the upright, in the congergation.

- 2 Great are the deeds of the **LORD!** * they are studied by all who delight in **them**.
- 3 His work is full of majesty and **splendor**, * and his righteousness endures for **ever**.
- 4 He makes his marvelous works to be remembered; *
 the LORD is gracious and full of com-passion.
- 5 He gives food to those who **fear him**; * he is ever mindful of his **covenant**.
- 6 He has shown his people the power of his works
 *

in giving them the lands of the **nations**.

7 The works of his hands are faithfulness and **justice**; *

all his commandments are **sure**.

8 They stand fast for ever and **ever**, * because they are done in truth and **equity**.

- 9 He sent redemption to his people; he commanded his covenant for **ever**; * holy and awesome is his **Name**.
- 10 The fear of the LORD is the beginning of wisdom; *
 those who act accordingly have a good understanding;
 his praise endures for ever.

The Second Lesson: 1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak.

For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord. **People** Thanks be to God.

Sequence Hymn # 593 (standing as you are able)

- 1 Lord, make us servants of your peace: where there is hate, may we sow love; where there is hurt, may we forgive; where there is strife, may we make one.
- 2 Where all is doubt, may we sow faith; where all is gloom, may we sow hope; where all is night, may we sow light; where all is tears, may we sow joy.
- 3 Jesus, our Lord, may we not seek to be consoled, but to console, nor look to understanding hearts, but look for hearts to understand.
- 4 May we not look for love's return, but seek to love unselfishly, for in our giving we receive, and in forgiving are forgiven.

5 Dying, we live, and are reborn through death's dark night to endless day: Lord, make us servants of your peace, to wake at last in heaven's light.

Celebrant The Gospel of our Lord Jesus Christ

according to Mark.

People Glory to you, Lord Christ.

The Gospel: Mark 1:21-28 (stand as you are able)

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

Sermon The Very Rev. Sarah Carper Morris

The Nicene Creed (standing as you are able)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People Form III

The Leader and People pray responsively

Father, we pray for your holy Catholic Church; *That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons; That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake; *That our works may find favor in your sight.*

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest; *Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy; *May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

The Celebrant adds a concluding Collect.

Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

The Peace BCP 360

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People And also with you.

Announcements

(8:30 service only)

Offertory

Celebrant **People**

All things come of Thee, O Lord. And of thine own have we given Thee.

(10:30 service only)

Offertory and Doxology

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost. Amen.

The Great Thanksgiving

The Holy Communion

Eucharistic Prayer A

Celebrant The Lord be with you.People And also with you.Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

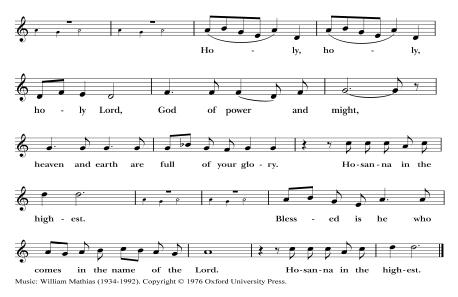
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Preface

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Holy Eucharist II, Holy, holy, holy Lord: Sanctus

The Hymnal 1982, Service Music, #128



Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. *Amen*.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

Alleluia. Christ our Passover is sacrificed for us; *Therefore let us keep the feast. Alleluia.*

Fraction Anthem: WLP # 761

All who hunger gather gladly;
holy manna is our bread.
Come from wilderness and wand'ring.
Here in truth we will be fed.
You that yearn for days of fullness,
all around us is our food.
Taste and see the grace eternal.
Taste and see that God is good.

A period of silence is kept.

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

All are welcome at the Lord's Table. If you do not wish to receive the bread and wine, please cross your arms across your chest to receive a blessing. Gluten-free wafers are available. You may intinct from the small chalice or drink from the chalice. If you need communion brought to you, please let an usher know.

The Bread and the Cup are given to the communicants with these words

The Body of Christ, the bread of heaven. (Amen.) The Blood of Christ, the cup of salvation. (Amen.)

Music at Communion #448

- 1 O love, how deep, how broad, how high, how passing thought and fantasy, that God, the Son of God, should take our mortal form for mortals' sake.
- 2 For us baptized, for us he bore his holy fast and hungered sore; for us temptations sharp he knew; for us the tempter overthrew.
- 3 For us he prayed; for us he taught; for us his daily works he wrought: by words and signs and actions, thus still seeking not himself, but us.
- 4 For us to wicked men betrayed, scourged, mocked, in purple robe arrayed, he bore the shameful cross and death; for us gave up his dying breath.
- 5 For us he rose from death again; for us he went on high to reign; for us he sent his Spirit here to guide, to strengthen, and to cheer.
- 6 All glory to our Lord and God for love so deep, so high, so broad; the Trinity whom we adore for ever and for evermore.

Communion Meditation WLP #764

Taste and see. Taste and see the goodness of the Lord O taste and see. Taste and see the goodness of the Lord of the Lord.

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Blessing

Celebrant

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

People Amen.

Hymn in Procession # 493 (standing as you are able)

- 1 O for a thousand tongues to sing my dear Redeemer's praise, the glories of my God and King, the triumphs of his grace!
- 2 My gracious Master and my God, assist me to proclaim and spread through all the earth abroad the honors of thy Name.
- Jesus! the Name that charms our fears and bids our sorrows cease;'tis music in the sinner's ears,'tis life and health and peace.
- 4 He speaks; and, listening to his voice, new life the dead receive, the mournful broken hearts rejoice, the humble poor believe.
- 5 Hear him, ye deaf; ye voiceless ones, your loosened tongues employ; ye blind, behold, your Savior comes; and leap, ye lame, for joy!
- 6 Glory to God and praise and love be now and ever given by saints below and saints above, the Church in earth and heaven.

Dismissal

Go in peace,

to love and serve the Lord.

People

Thanks be to God.

PRAYERS AND REMEMBRANCES OF THE WEEK

Immediate Needs: Kay MacAllen Roger Danley Kitty Martin Paul Derrick Emily Mary Arba Montgomery Ron Doerschug Charlie Allen Craig New Linda Doerschug Martha Allen Wade Nichols Mark Donnell Bill R. Pendleton Barbara Embry Erin Apperson Cindy Blackwell Clara Powell Donna Fargo Bobbie Bledsoe Johnnie Gunter Lorene Ramsey Bert Bond, Jr. Kerry Reagan Betty Hooven Stephanie Serika Tina Brown Kelly Jarvis **Emily Jarvis Simmons** Marie Carl Carrie Krahn Angela Shur Mazie Chilton David Kroupa Eva Smith Ripley Cottrell Angelia Lawrence Wade Smith Rebecca McNabb Anne Cox Rose Mary Smoot Bishop Michael Curry John Moore Tammy Springthorpe Pam Dickenson Michael Morgan Sharon Sutphin Liz Dillev Angie Nolfo Arlis Thomas Debbie Dockery Bill Pendleton Celeste Tsaklis Carmen Eldridge Svlia Poggi Carroll Vick Carol Ford

Beverly Putynkowski Henrietta Williams Marcus Ford Victoria Rogelin Betty Wright Gus Galloway Candace Sammons Long Term Needs: Angie Golding Evedene Schafer Jean Amburn Polly Hall Susan Slate *Anonymous Steve Hines Sid Spencer, Jr. Beatrice Attuah & Melissa Hopkins Levania Tillotson Lailaity Max Hunter Betty Town Jane Carper Sandy Hutchens Vicky Town Ann Cochrane Fred Johnson John Townsend Kat Cook Joy King Stacev Turnmire Mary Couture Gus Lewis Jack Woltz

Judy Liner Melissa Roth Culver

TRINITY FAMILY IN THE ARMED SERVICES OF OUR COUNTRY

Amanda Eads, Wesley Frye, Corbin Humphrey, Matt Kroupa, Glenn Lynch, Gordon Lynch, Haley Muething, John Nichols, Christopher Noble, Robert Poole

DIOCESAN CYCLE OF PRAYER

Chapel of Christ the King, Charlotte Christ Church, Charlotte

BIRTHDAYS

January 27th Page Woltz, 28th Mary Fawcett, 29th Polly Gross

ANNIVERSARIES

January 25th Bill Noble & Janet Herman

ANNOUNCEMENTS

Trinity's 2024 **Stewardship Campaign** update: To date we have received 48 pledge cards for \$169,970. We have 7 parishioners representing \$21,550 who pledged last year but have not done so yet this year. Our goal is \$195,000. If you have not pledged yet, please return your pledge card or call Tobi in the office and she will complete a card for you with your permission. **Thank you for continuing to support Trinity Church.**

Book group will meet on Wednesday, January 31st at 10:30 a.m. We will continue the book, *Freeing Jesus* by Diane Butler Bass. If you have any questions, please contact Wendy Tatman.

The **First Sunday Potluck** will be held next Sunday, February 4th following the 10:30 service. Please bring your favorite dish to share.

If you would like to give **altar flowers** in honor or in memory of a loved one, the flower chart for 2024 is now posted in the back of the sanctuary. Airmont Florist provides our flowers for an average cost of \$50. Simply sign-up for the Sunday of your choice, provide your dedication to the church office to be printed in the bulletin, contact the florist to make payment arrangements and to specify any special requests. After both Sunday services, the flowers are yours to take home, or we are happy to share with a shut-in or take them to a nursing home.

The new edition of the daily devotional *Forward Day By Day* is available in the narthex.

Trinity's ECW will meet on Sunday, February 11th following the 10:30 service.

Please join us for our **Annual Shrove Tuesday Pancake Supper and Burning of the Palms**. This event will be hosted by Trinity Men on Tuesday, February 13th from 5:00 p.m.-7:00 p.m. If you are interested in helping to prepare, cleanup, or have a griddle we could borrow-please contact the church office. *Bring your Mardi Gras decorations*

Ash Wednesday services will be held on Wednesday, February 14th at noon and at 5:30 p.m.

FLOWERS

The flowers on the altar are given to the glory of God and in honor of my husband, my children and grandchildren by Roxann Moore.



What, in God's name, were they talking about?

Are you among the pre-damned? What is the nature of the Divine? How could Jesus be both human and divine? What did non-Christian theologians contribute to the development of Christianity? From Augustine to Aquinas, some of the greatest theologians in history sought to answer those questions and more. Their answers helped form the foundation of Christian dogma and created an unparalleled body of

religious thought known as *Medieval Theology*. This faith-enriching review will introduce you to the individuals, their creative theological thought, and their enduring writings. Anyone who desires a deeper understanding of the complex development of the Christian faith will enjoy and benefit from:

A Very Brief Introduction to Aledieval Theology

Presented by
Jack Ciancio, DRS

Sponsored By: Trinity Episcopal Church, Mount Airy

—60% of previous attenders rated the course excellent; 40% very good—

When: Saturday, March 2, 2024

Time: 9 a.m.—3 p.m.; 12 –1 <u>Brown Bag Lunch</u>; Coffee and snacks will be provided in the morning and drinks will be provided for lunch. "*Don't forget to bring your lunch!*"

Where: Trinity Episcopal Church, 472 N. Main St, Mount Airy, NC 27030.

Cost: <u>\$25</u> if you register by <u>14 Feb 24</u>; <u>\$30</u> if you register after that date. NOTE: A \$10 non-refundable registration fee is included in the cost. You may pay the full fee upfront or just the \$10 registration fee to secure your seat and the balance at the door.

> Registration closes on 22 Feb 24. Attendance is limited so secure your seat early.

Make checks payable to Trinity Episcopal Church, Note: "MTC" on memo line. Mail to:

Trinity Episcopal Church PO Box 1043 Mount Airy, NC 27030

Include your email for confirmation receipt and updates.

28-page printed Course Guidebook included

For more information contact:
Tobi York, info@trinitymtairy.com, (336) 786-6067



MINISTERS FOR THE 8:30 SERVICE

Today	Ministry	Next Sunday
Vicky Town	LECTOR	Jessica Simandle
Mike Wilson	CHALICE BEARER	Jim Couture
Benny Combs	GREETER	Vicky Town
Mike Wilson	ACOLYTE	Jim Couture

MINISTERS FOR THE 10:30 SERVICE

This Sunday	Ministry	Next Sunday
Margie Martin	LECTOR	Brenda Goings
Wendy & Karen	CHALICE BEARERS	Jesse & Brenda
Pat & Morris	GREETERS	Ann & Martha
St. Elizabeth's Guild	ALTAR GUILD	St. Mary's Guild
Roxann Moore	VESTRY	Wendy Tatman
Nemo & Jeremiah	ACOLYTE	Wyatt & Jesse

THIS WEEK'S EVENTS

THIS WEEK SEVENTS		
Today	8:30 a.m.	Holy Eucharist
	9:30 a.m.	Sunday School
	10:30 a.m.	Holy Eucharist
Tuesday	10:00 a.m.	Medical Loan Closet
	3:00 p.m.	Youth Group
Wednesday	10:30 a.m.	Book Group
	5:30 p.m.	Holy Eucharist
Thursday	8:30 a.m.	Staples
	1:00 p.m.	Art Gallery Group
	3:00 p.m.	Medical Loan Closet
Saturday	5:00 p.m.	AA Meeting
Next Sunday	8:30 a.m.	Holy Eucharist
	9:30 a.m.	Sunday School
	10:30 a.m.	Holy Eucharist
	12:00 noon	First Sunday Potluck

TRINITY VESTRY

Ross Borders, Roxann Moore, Jessica Simandle, Wendy Tatman, Ann Vaughn, Mike Wilson, Lee Wilsonwithers No matter where you come from or where you're going
No matter what you believe or what you doubt
No matter what you feel or just don't feel today
No matter whom you love
You are welcome into this space to be met by a God
Who knows you by name, who knows your heart, who knows
your mind, and...
Who wants to have a relationship with you