TRINITY EPISCOPAL CHURCH

472 N. Main St./PO Box 1043 Mount Airy, NC 27030-1043 336-786-6067

email: info@trinitymtairy.com



The Very Reverend Sarah Carper Morris, Rector The Reverend Bill Pendleton, Deacon Dr. Ryan Whittington, Organist/Choir Director

The Fifth Sunday after the Epiphany February 4, 2024

If you are visiting, please fill out a Visitor Card and put it in the offering plate or hand it to a greeter. Restrooms are located downstairs.

Kid's bags are in the narthex. Please return the bags and they will be refilled for next Sunday.

Please remember that many are preparing for worship with prayer before the service.

Hymn in Procession # 423 (standing as you are able)

1 Immortal, invisible, God only wise, in light inaccessible hid from our eyes, most blessed, most glorious, the Ancient of Days, almighty, victorious, thy great Name we praise.

- 2 Unresting, unhasting, and silent as light, nor wanting, nor wasting, thou rulest in might; thy justice like mountains high soaring above thy clouds, which are fountains of goodness and love.
- 3 To all life thou givest, to both great and small; in all life thou livest, the true life of all; we blossom and flourish, like leaves on the tree, then wither and perish; but nought changeth thee.
- 4 Thou reignest in glory, thou rulest in light, thine angels adore thee, all veiling their sight; all laud we would render: O help us to see 'tis only the splendor of light hideth thee.

Celebrant Blessed be God: Father, Son, and Holy

Spirit.

People And blessed be his kingdom, now and for

ever. Amen.

The Collect for Purity BCP p. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen*.

Gloria S-278

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world; have mercy on us; you are seated at the right hand of the Father; receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Lord be with you.

People And also with you.

Celebrant Let us Pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Please be seated during the reading of the Lessons and the Psalm.

The First Lesson: Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain, and spreads them like a tent to live in;

who brings princes to naught, and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth,

when he blows upon them, and they wither, and the tempest carries them off like stubble.

To whom then will you compare me, or who is my equal? says the Holy One.

Lift up your eyes on high and see: Who created these?

He who brings out their host and numbers them, calling them all by name;

because he is great in strength, mighty in power, not one is missing.

Why do you say, O Jacob, and speak, O Israel,

"My way is hidden from the Lord, and my right is disregarded by my God"?

Have you not known? Have you not heard?

The Lord is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary; his understanding is unsearchable.

He gives power to the faint, and strengthens the powerless.

Even youths will faint and be weary, and the young will fall exhausted;

but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

The Word of the Lord.

People Thanks be to God.

Robert Knox Kennedy (b. 1945)



Psalm 147:1-12, 21c

- 1 Hallelujah!
 - How good it is to sing praises to our **God!** * how pleasant it is to honor him with **praise!**
- 2 The LORD rebuilds Je-rusalem; * he gathers the exiles of Israel.
- 3 He heals the broken-hearted * and binds up their wounds.
- 4 He counts the number of the **stars** * and calls them all by their **names**.
- 5 Great is our LORD and mighty in **power**; * there is no limit to his **wisdom**.
- 6 The LORD lifts up the **lowly**, * but casts the wicked to the **ground**.
- 7 Sing to the LORD with thanks-giving; * make music to our God upon the harp.

- 8 He covers the heavens with **clouds** * and prepares rain for the **earth**;
- 9 He makes grass to grow upon the **mountains** * and green plants to serve man-kind.
- 10 He provides food for flocks and **herds** * and for the young ravens when they **cry**.
- 11 He is not impressed by the might of a **horse**; * he has no pleasure in the strength of a **man**;
- 12 But the LORD has pleasure in those who **fear him**, * in those who await his gracious **favor**.
- 21 Halle-lujah!

The Second Lesson: 1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law.

To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

The Word of the Lord. **People** Thanks be to God.

Sequence Hymn # 679 (standing as you are able)

1 Surely it is God who saves me;
trusting him, I shall not fear.
For the Lord defends and shields me
and his saving help is near.
So rejoice as you draw water
from salvation's living spring;
in the day of your deliverance
thank the Lord, his mercies sing.

2 Make his deeds known to the peoples; tell out his exalted Name.
Praise the Lord, who has done great things; all his works his might proclaim.
Zion, lift your voice in singing; for with you has come to dwell, in your very midst, the great and Holy One of Israel.

Celebrant The Gospel of our Lord Jesus Christ

according to Mark.

People Glory to you, Lord Christ.

The Gospel: Mark 1:29-39 (stand as you are able)

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

Sermon The Rev. Jean P. Scott

The Nicene Creed (standing as you are able)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People Form III

The Leader and People pray responsively

Father, we pray for your holy Catholic Church; *That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons; That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake; *That our works may find favor in your sight.*

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest; *Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy; *May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

The Celebrant adds a concluding Collect.

Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

The Peace BCP 360

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People And also with you.

Announcements

(8:30 service only)

Offertory

Celebrant **People** All things come of Thee, O Lord. And of thine own have we given Thee.

(10:30 service only)

Offertory and Doxology

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost. Amen.

The Great Thanksgiving

The Holy Communion

Eucharistic Prayer A

Celebrant The Lord be with you.People And also with you.Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

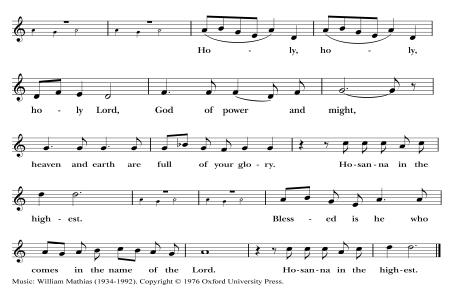
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Preface

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Holy Eucharist II, Holy, holy, holy Lord: Sanctus

The Hymnal 1982, Service Music, #128



Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. *Amen*.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

Alleluia. Christ our Passover is sacrificed for us; *Therefore let us keep the feast. Alleluia.*

Fraction Anthem: WLP # 761

All who hunger gather gladly;
holy manna is our bread.
Come from wilderness and wand'ring.
Here in truth we will be fed.
You that yearn for days of fullness,
all around us is our food.
Taste and see the grace eternal.
Taste and see that God is good.

A period of silence is kept.

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

All are welcome at the Lord's Table. If you do not wish to receive the bread and wine, please cross your arms across your chest to receive a blessing. Gluten-free wafers are available. You may intinct from the small chalice or drink from the chalice. If you need communion brought to you, please let an usher know

The Bread and the Cup are given to the communicants with these words

The Body of Christ, the bread of heaven. (Amen.) The Blood of Christ, the cup of salvation. (Amen.)

Music at Communion #538

- 1 God of mercy, God of grace, show the brightness of thy face. Shine upon us, Savior, shine, fill thy Church with light divine, and thy saving health extend unto earth's remotest end.
- 2 Let thy people praise thee, Lord;
 be by all that live adored.
 Let the nations shout and sing glory to their Savior King;
 let all be, below, above,
 one in joy, and light, and love.

Communion Meditation WLP # 764

Taste and see. Taste and see the goodness of the Lord O taste and see. Taste and see the goodness of the Lord of the Lord.

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Blessing

Celebrant

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

People Amen.

Hymn in Procession # 529 (standing as you are able) In Christ there is no East or West, in him no South or North, but one great fellowship of love throughout the whole wide earth.

Join hands, companions in the faith, whate'er your race may be!
Who loves and serves the one in him, throughout the whole wide earth.

In Christ now meet both East and West; in him meet South and North, all Christly souls are one in him throughout the whole wide earth.

Dismissal

Go in peace, to love and serve the Lord.

People Thanks be to God.

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PRAYERS AND REMEMBRANCES OF THE WEEK

Immediate Needs: Paul Derrick Kitty Martin Emily Arba Montgomery Ron Doerschug Mary Craig New Linda Doerschug Charlie Allen Wade Nichols Mark Donnell Martha Allen Bill R. Pendleton Barbara Embry Clara Powell Erin Apperson Donna Fargo Cindy Blackwell Johnnie Gunter Lorene Ramsey Bobbie Bledsoe Kerry Reagan Betty Hooven Bert Bond, Jr. Stephanie Serika Kelly Jarvis **Emily Jarvis Simmons** Tina Brown Carrie Krahn Angela Shur Marie Carl David Kroupa Eva Smith Mazie Chilton Angelia Lawrence Wade Smith Anne Cox Rebecca McNabb Rose Mary Smoot Bishop Michael Curry John Moore Tammy Springthorpe Pam Dickenson Michael Morgan Sharon Sutphin Liz Dilley Angie Nolfo Arlis Thomas Debbie Dockery Bill Pendleton Celeste Tsaklis Carol Ford Sylia Poggi Carroll Vick

Marcus Ford Beverly Putynkowski Henrietta Williams Gus Galloway Victoria Rogelin Betty Wright Angie Golding Candace Sammons **Long Term Needs:** Polly Hall Evedene Schafer Jean Amburn Steve Hines Susan Slate *Anonymous Melissa Hopkins Sid Spencer, Jr. Beatrice Attuah & Max Hunter Levania Tillotson Lailaity Sandy Hutchens Betty Town Jane Carper Fred Johnson Vicky Town Ann Cochrane Joy King John Townsend Kat Cook Gus Lewis Stacey Turnmire Mary Couture Judy Liner Jack Woltz

Laura Liner Melissa Roth Culver

Kay MacAllen Roger Danley

TRINITY FAMILY IN THE ARMED SERVICES OF OUR COUNTRY

Amanda Eads, Wesley Frye, Corbin Humphrey, Matt Kroupa, Glenn Lynch, Gordon Lynch, Haley Muething, John Nichols, Christopher Noble, Robert Poole

DIOCESAN CYCLE OF PRAYER

Church of the Holy Comforter, Charlotte St. John's, Charlotte St. Martin's, Charlotte

BIRTHDAYS

February 1st Lucinda Fallin, 3rd Pam Dickenson

FLOWERS

The flowers on the altar are given to the glory of God and in loving memory of our mothers, Grace Cook and Elizabeth Fawcett, by Tom & Mary Fawcett.

ANNOUNCEMENTS

Many thanks to The Rev. Jean Scott for celebrating with us today.

The **First Sunday Potluck** will be held today following the 10:30 service. Please plan to join us!

The loose offering on the first Sunday of each month is designated for the **Rector's Discretionary Fund.** This offering helps the Rector provide pastoral care, medicines, utilities, rent and other assistance.

Book group will meet on Wednesday, February 7^{th} at 10:30 a.m. We will continue the book, *Freeing Jesus* by Diane Butler Bass. If you have any questions, please contact Wendy Tatman.

Knit One, Pray Too will meet on Thursday, February 8th at 1:00 in the parlor.

What is the sin of Adam? How have theologians interpreted original sin and where do we see it expressed in today's world? Please join **Theology Group**'s exploration of the history and meaning of this first offense against God. We will meet in the Parish Hall on Thursday, February 8th at 5:30 pm. A delicious supper will be served.

Trinity's ECW will meet on Sunday, February 11th following the 10:30 service.

Mark and Kate Appler invite you join them for a **Superbowl Party** at their home on Sunday, February 11th at 6:00 p.m. Bring a snack to share and cheer on your favorite team. A sign-up sheet is posted in the parish hall.

Please join us for our **Annual Shrove Tuesday Pancake Supper and Burning of the Palms**. This event will be hosted by Trinity Men on Tuesday, February 13th from 5:00 p.m.-7:00 p.m. If you are interested in helping to prepare, cleanup, or have a griddle we could borrow-please contact the church office. *Bring your Mardi Gras decorations*

Ash Wednesday services will be held on Wednesday, February 14th at noon and at 5:30 p.m.

Trinity's 2024 **Stewardship Campaign** update: To date we have received 48 pledge cards for \$169,970. Our goal is \$195,000. If you have not pledged yet, please return your pledge card or call Tobi in the office and she will complete a card for you with your permission. **Thank you for continuing to support Trinity Church.**

The new edition of the daily devotional *Forward Day By Day* is available in the narthex.



What, in God's name, were they talking about?

Are you among the pre-damned? What is the nature of the Divine? How could Jesus be both human and divine? What did non-Christian theologians contribute to the development of Christianity? From Augustine to Aquinas, some of the greatest theologians in history sought to answer those questions and more. Their answers helped form the foundation of Christian dogma and created an unparalleled body of

religious thought known as *Medieval Theology*. This faith-enriching review will introduce you to the individuals, their creative theological thought, and their enduring writings. Anyone who desires a deeper understanding of the complex development of the Christian faith will enjoy and benefit from:

A Very Brief Introduction to Aledieval Theology

Presented by
Jack Ciancio, DRS

Sponsored By: Trinity Episcopal Church, Mount Airy

—60% of previous attenders rated the course excellent; 40% very good—

When: Saturday, March 2, 2024

Time: 9 a.m.—3 p.m.; 12 –1 <u>Brown Bag Lunch</u>; Coffee and snacks will be provided in the morning and drinks will be provided for lunch. "*Don't forget to bring your lunch!*"

Where: Trinity Episcopal Church, 472 N. Main St, Mount Airy, NC 27030.

Cost: <u>\$25</u> if you register by <u>14 Feb 24</u>; <u>\$30</u> if you register after that date. **NOTE:** A \$10 **non-refundable** registration fee is included in the cost. You may pay the full fee upfront or just the \$10 registration fee to secure your seat and the balance at the door.

Registration closes on 22 Feb 24. Attendance is limited so secure your seat early.

Make checks payable to Trinity Episcopal Church, Note: "MTC" on memo line. Mail to:

Trinity Episcopal Church PO Box 1043 Mount Airy, NC 27030

Include your email for confirmation receipt and updates.

28-page printed Course Guidebook included

For more information contact:
Tobi York, info@trinitymtairy.com, (336) 786-6067



MINISTERS FOR THE 8:30 SERVICE

Today	Ministry	Next Sunday
Jessica Simandle	LECTOR	Vicky Town
Jim Couture	CHALICE BEARER	Mike Wilson
Vicky Town	GREETER	Pat Sanderson
Jim Couture	ACOLYTE	Mike Wilson

MINISTERS FOR THE 10:30 SERVICE

This Sunday	Ministry	Next Sunday
Brenda Goings	LECTOR	Denny Jennings
Jesse & Brenda	CHALICE BEARERS	Roxann & Karen
Ann & Martha	GREETERS	Wendy & Jim
Pat Sanderson	ALTAR GUILD	Wendy Tatman
Wendy Tatman	VESTRY	Ann Vaughn
Wyatt & Jesse	ACOLYTE	Nemo & Wyatt

THIS WEEK'S EVENTS

Today	8:30 a.m. 9:30 a.m. 10:30 a.m. 12:00 noon	,
Tuesday	10:00 a.m. 3:00 p.m.	Medical Loan Closet Youth Group
Wednesday	10:30 a.m. 5:30 p.m.	Book Group Holy Eucharist
Thursday	8:30 a.m. 1:00 p.m. 1:00 p.m. 3:00 p.m. 5:30 p.m.	Staples Art Gallery Group Knit One, Pray Too Medical Loan Closet Theology Group
Saturday	5:00 p.m.	AA Meeting
Next Sunday	8:30 a.m. 9:30 a.m. 10:30 a.m.	Holy Eucharist Sunday School Holy Eucharist

TRINITY VESTRY

Ross Borders, Roxann Moore, Jessica Simandle, Wendy Tatman, Ann Vaughn, Mike Wilson, Lee Wilsonwithers No matter where you come from or where you're going
No matter what you believe or what you doubt
No matter what you feel or just don't feel today
No matter whom you love
You are welcome into this space to be met by a God
Who knows you by name, who knows your heart, who knows
your mind, and...
Who wants to have a relationship with you